

DCAS NEWS

Welcome from the Editor

Welcome to the DCAS Newsletter and my first as your new DCAS Public Relations Officer! So many people have said how pleased they are that we are getting the newsletter back up and running again and how they miss knowing what's going on.



My name is Emma Martyn and I'm a relative newbie to the sport having been involved first as a parent and now as a longbow archer for two years. I am a Mum of three, primary school teacher and club secretary of Bowmen of the Tors in Plymouth. I put myself forward for this role because as a County our Clubs do so many amazing things and I firmly believe we don't celebrate our success enough. I hope to change that and shine a light on all the wonderful things happening across Devon and Cornwall.

I would like to thank everyone who has helped put this news letter together. I can't do this without your help. So if you have anything you think would be newsworthy please get in touch. I don't expect you to write anything—just talk to me, let me have a bit of info and a few pictures and I will do the rest. Email me at PRO@DCAS.org.uk.

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February 2019: Issue 60

www.dcas.org.uk



The DCAS website is having a make over! If you have any suggestions for what you would like to see on our new and improved website please get in touch.

AGM UPDATE

The committee are pleased to announce that it was unanimously agreed at AGM, that DCAS will continue to fund free entry for Juniors to ANY open tournament within DCAS borders (other than ones at the Juniors own club) held between 1st October 2018 and 30th September 2019.

Tournament organisers can claim the cost of DCAS 'away' juniors' entries from the DCAS Treasurer simply by emailing details after the competition to paul_callaway@hotmail.com.

We are also pleased to confirm that the DCAS Committee Members for the forthcoming year are:

President: Sally Sandoe

Chairman: Phil Gillbanks

Vice-Chairman: John Poyner

Secretary: Karen Williams

Treasurer: Paul Callaway

County Coaching Organiser: Andrew Parkinson

Senior County Team Manager: Estelle Edwick

Tournament Organiser: Ann Gillbanks

Records Officer: Scott Williams

Junior Representative: Sophie Twigg

Judges Representative: Julia Hadley

Technical Officer: Tim Pratt



Please see the DCAS website for individual contact details.



We are on Facebook!

Keep in touch with DCAS through our Facebook page.

Please like and share our Facebook page.

Archery GB Changes



Recently, Archery GB announced some changes which will affect all clubs.

These changes, affect the administration of have-a-go sessions, demonstrations, taster events and beginners' courses. The following information was recently published in the Archery UK magazine:

Registering of Events

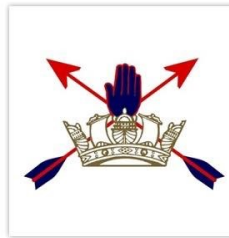
From 1 April 2019, all have-a-goes, demonstrations, taster sessions and beginners' courses will have to be registered with Archery GB. This can be done through the Members Portal and will remove the need for clubs to record these events in their committee minutes.

Why are we doing this? At the moment Archery GB does not know the number of people that take part in these events, and would like understand the reach of the sport in the community.

We want to ensure conformity with the rules and procedures involved and, in addition, recognise the efforts by clubs and coaches in delivering the events by fully understanding the numbers involved.

- ♦ Club name
- ♦ Event type
- ♦ Event postcode
- ♦ Expected numbers involved
- ♦ Date and time of event
- ♦ Name and email of person organising

Further information will be sent to club secretaries in February 2019. The Code of Practice can be downloaded from the club resources section on the website.



Shooting For Charity

Saturday 8th December 2018 saw archers from Devon, Cornwall and Somerset gather to compete at the annual University of Plymouth Archery Club Winter Charity shoot held at Lipson Community College in Plymouth.

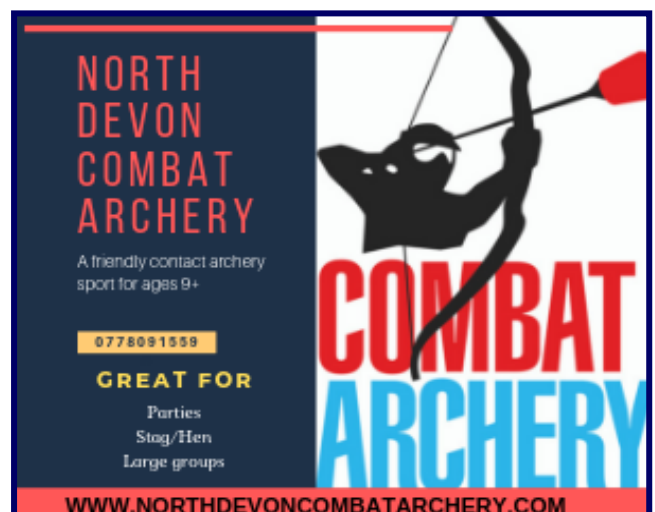
Organised by Joseph Tripp and Emma King and judged by Ann and Phil Gillbanks, the competition was a huge success and enjoyed by all.



Through shooting two WA18 rounds and a fun head to head match, a total of £325 was raised for the Huntington's disease Association.



The Club hope to continue the tradition of an annual winter competition to raise money for charities in addition to their spring charity competition that will be held for the sixth year in 2019. The club would like to say a huge thank you to all the archers who took place in this event to raise money for such a good cause.



Junior News!

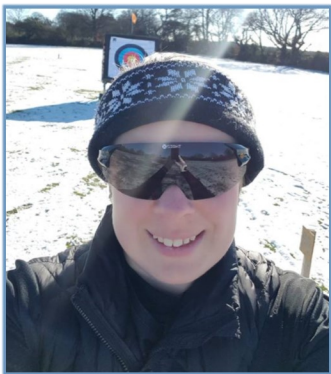
Junior County Team Coaching

On Saturday 16th February, DCAS hosted an open junior coaching session at Exmouth Archers and the session was well attended with 25 Juniors from across the counties. The session was supported by county and regional coaches and gave our juniors a fantastic opportunity to shoot with many other young people whilst receiving amazing help and support from the team.

A massive thank you to everyone who attended the training and to all the parents who gave up their time to bring their children to the event. A second training day has been organised for the 6th April, please see the flyer for booking details.

If you wish to be considered for the Junior County Team, you need to shoot two 12 dozen rounds at either an open competition or at your club (as long as they are verified by a senior member of the club).

This year's Junior Inter-counties match will be held on **Saturday 14th September**, at Yeo Bowman in Yeovil. The competition will be combined with the GWAS Junior Championships, so whether you are on the county team or not you can still attend the competition on an individual basis. The entry form will be on the GWAS and DCAS website very soon. Members of the DCAS Junior County Team have free entry to the GWAS Championships.



If you wish to be considered for the County Team please contact Sophie Twigg who will send you an application form for you to submit your details along with two 12 dozen scores.

Sophie can be contacted by email at DCASJuniors@gmail.com. The deadline for applications is Friday 2nd August.

JUNIOR OUTDOOR TRAINING



- Free Outdoor Training Session for all DCAS Juniors
- Opportunity to shoot a half metric round (1.5 dozen at each distance for your age group)
- Tuition from experienced coaches
- You will need to come prepared to shoot outdoors - suitable footwear and clothing is essential. Be prepared for all weather conditions.
- Hot drinks provided - please bring your own lunch
- When booking your space, please confirm your age, Club and bow style - you must shoot your preferred bow style on the day.

Saturday 6th April 2019 |

10am - 4.30PM |

EXMOUTH ARCHERS

To reserve your free place contact:

Sophie Twigg - DCAS Junior Rep

dcasjuniors@gmail.com 07854869492



DCAS JUNIOR FUND

The Junior Fund exists for the benefit of our Junior archers by way of grants, funding entry to certain shoots and interest-free equipment Loans. The Fund can be used for:

- Coach of Coaching/Squad Training for Junior archers at County/Regional level.
- Grants may be made to any Junior Archer in DCAS for travel/accommodation (up to 20% - max. £30); National Squad Training / Development Coaching; Purchase of Equipment: by advancing an interest-free loan (up to £400)
- Free entry to any Open Tournament within DCAS borders, other than one at the Junior's own Club, held between 1 October 2018 and 30 September 2019, free entry to all DCAS-organised County shoots and the GWAS Junior Inter-counties Tournament (for County Team).

In all instances the application of the fund is at the discretion of Sophie Twigg the DCAS Junior Rep. Please contact her for details.

CALLING ALL JUNIORS

Redruth Archers Open Junior Tournament

Saturday 22nd June 2019



After having a chat with several parents at the last Junior Inter-counties last year, Peter and Sarah Conisbee from Redruth Archers, have decided to run a juniors only tournament. They firmly believe that this is something that juniors within the county would like to take part in and would support. The Tournament open to all juniors within Devon and Cornwall and it will cost you all nothing as entry is free !!

There will be age relevant Metric rounds under WA rules in the morning with timing and lights and two very nice and helpful judges to get you all used to competition shooting. A break for lunch and then some fun shooting in the afternoon with balloons and fun faces. We may well follow this with an optional Clout shoot.

We are running this the day before our Double American shoot, and camping will be available for anyone who wishes to shoot it, or your Mums and Dads. The entry form for this tournament is available on the DCAS website. If you would like any more information, please contact Peter and Sarah on 01209821433, or email them at pcathebarn@gmail.

Insight into X-Sight

Many archers struggle to find affordable sunglasses to shoot in. Most struggle with obstructions from the frame or nose pads blocking the line of sight, resort to wearing a hat to shade their eyes or just spend much of the day squinting.

Realising that this was a common problem for many archers, **Jack Harris** from Barnstaple Archery Club, decided to use his background in design to create a pair of sunglasses to combat these common issues, and in 2017 X-Sight was born.

With a large interchangeable mask lens that wraps around your face, **X-Sight Glasses**, offer maximum cover for your eyes and fills your peripheral vision for a clear unobstructed aim at full draw. With 11 colour lenses, there is a lens for every ambient condition; from indoors to outdoors and sun through to rain.



Since launching, Jack has been bowled over by the reaction to his products, and the amount of support he has received from people across Devon & Cornwall.

Keen to give back to the community, X-Sight now sponsor 50 archers worldwide, and as a special thank you to DCAS, they are offering members a discount with 25% off if you use the code 'DCAS25' at the checkout on www.xsightarchery.com.

"When I set out on this venture I didn't have much confidence in myself as a salesman and I wasn't sure that people would even buy the glasses, but 18 months later I've started to realise that the success and popularity of the glasses has far exceeded my expectations and I couldn't be more thankful for everyone who has helped along the way."

A massive 'Well Done' to Jack and his team - everyone across the county wishes you the very best of luck for the future!

DCAS Records

For anyone wanting to claim a DCAS County record, please remember that you have only four weeks from the date of the tournament to do this and three months for GWAS. GWAS Regional Record Claims are sent via your DCAS CRO - Scott Williams.

Claim forms are available on DCAS and GWAS websites respectively and Scott usually carry a few blank forms to tournaments; you can also hand completed forms to him personally at any shoot he attends.

Claims can be made from scores achieved at any Open Tournament, including 'Masters' claims for archers aged 50+, in addition to regular record claims. All claims from outside County must be accompanied by a copy of the results sheet.

All records are available to view on the DCAS website. New DCAS records claimed this year are:

	Round	Bow Style	Archer	Score	Date	Club	Where Shot
I M P E R I A L	YORK	Longbow	Rob Twigg	560	29-Jun-18	Exmouth	GNAM
	DOUBLE HERE-FORD	Recurve	Jimmy Sandoe	1920	25-26-Aug-18	Redruth	Lizard
		Barebow	Karen Grassie	1641	23-24 June 18	ECO A	Dunster
	HEREFORD	Longbow	Chris Chopping	628	12-Aug-18	Exmouth	Bath
		Barebow	Karen Grassie	864	23-Jun-18	ECO A	Dunster
	DOUBLE BRISTOL 3	Recurve U16	Hannah Ottery	1577	25-26-Aug-18	Lacetown	Lizard
	BRISTOL 3	Longbow U14	Amethyst Chopping	287	3-Jun-18	Exmouth	Tors
	BRISTOL 4	Compound U12	Chloe Scott	1152	1-Jul-18	Redruth	Wadebridge
	ST GEORGE	Compound	Darren Bennion	938	2-Sep-18	Yelverton	Brixham
	ALBION	Compound	Wendy Broom	926	2-Sep-18	Lacetown	Brixham
		Barebow	Karen Grassie	643	19-Jun-18	Exeter	Dunster
	WINDSOR	Recurve U16	Hannah Ottery	577	2-Sep-18	Lacetown	Brixham
		Longbow U14	Amethyst Chopping	297	2-Sep-18	Exmouth	Brixham
	JNR WINDSOR	Barebow U16	Sophie Martyn	707	2-Sep-18	Tors	Brixham AG
	SHRT JNR WINDSOR	Longbow U14	Amethyst Chopping	652	2-Jun-18	Exeter	Cleve
	WESTERN	Barebow	Karen Grassie	674	22-Jun-18	Exeter	Dunster
		Longbow	Angela Bolt	437	22-Apr-18	Torquay	Tors
	NATIONAL	Recurve	Ben Trudgill	620	6-May-18	Exeter Uni	Exeter
		Compound	Wendy Broom	644	6-May-18	Lacetown	Exeter
	SHRT JNR NATIONAL	Longbow U14	Amethyst Chopping	381	6-May-18	Exmouth	Exeter
		Compound U12	Chloe Scott	606	6-May-18	Newquay	Exeter
	DBLE 2 WAY NATIONAL	Longbow	Ken Heydon	138 hits	8-Apr-18	Torquay	Redruth
		Longbow	Angela Bolt	123 Hits	8-Apr-18	Torquay	Redruth
	2 WAY NATIONAL	Longbow	Angela Bolt	66 Hits	8-Apr-18	Torquay	Redruth
	NEW WARWICK	Longbow	Mark Cardy	109	10-Jun-18	Lacetown	Barnstaple
	LONG WARWICK	Recurve	Wayne Smale	382	10-Jun-18	Kenwith	Barnstaple
		Longbow	Rob Twigg	200	10-Jun-18	Exmouth	Barnstaple
		Compound	Wendy Broom	414	10-Jun-18	Barnstaple	Barnstaple
		Barebow	Karen Grassie	290	10-Jun-18	Barnstaple	Barnstaple
		Longbow	Sophie Twigg	173	10-Jun-18	Barnstaple	Barnstaple
		Compound U16	Ben Cardy	414	10-Jun-18	Barnstaple	Barnstaple
	WARWICK	Longbow	Rob Twigg	257	10-Jun-18	Exmouth	Barnstaple
		Barebow	Karen Grassie	334	10-Jun-18	Barnstaple	Barnstaple
		Longbow	Sophie Twigg	246	10-Jun-18	Barnstaple	Barnstaple
		Compound U16	Ben Cardy	416	10-Jun-18	Barnstaple	Barnstaple
	SHRT WARWICK	Longbow U14	Hannah Wells	59	10-Jun-18	Lacetown	Barnstaple
	JNR WARWICK	Longbow U14	Hannah Wells	163	10-Jun-18	Lacetown	Barnstaple

	Round	Bow Style	Archer	Score	Date	Club	Where Shot
M E T R I C	DBLE WA1440	Recurve	Ben Trudgill	2486	1-2-Sep-18	Exeter Uni	Meriden
	LADIES WA1440	Barebow	Karen Grassie	923	16-Sep-18	ECOA	Exeter
		Longbow	Sophie Twigg	780	22-Jul-18	Exmouth	Cleve
	METRIC 2	Compound U16	Ben Cardy	1368	8-Sep-18	Lacetown	Yeovil
	DBLE METRIC 3	Barebow U16	Sophie Martyn	1597	4-5-Aug-18	Tors	Redruth
		Longbow U14	Amethyst Chopping	755	29-Apr-18	Exmouth	Bath
	METRIC 3	Longbow U14	Amethyst Chopping	424	28-Apr-18	Exmouth	Bath
		Barebow U16	Sophie Martyn	837	8-Sep-18	Tors	Yeovil
	METRIC 5	Compound U12	Chloe Scott	1349	2-Sep-18	Redruth	Redruth
	DBLE METRIC 5	Compound U12	Chloe Scott	2699	4-5-Aug-18	Redruth	Redruth
	GENTS LONG METRIC	Longbow	Rob Twigg	371	1-Jul-18	Exmouth	Lilleshall
	LADIES LONG METRIC	Barebow	Karen Grassie	418	19-Jun-18	Exeter	Dunster
	SHORT METRIC	Barebow	Karen Grassie	527	16-Sep-18	Exeter	Exeter
	LONG METRIC 2	Compound U16	Ben Cardy	688	8-Sep-18	Lacetown	Yeovil
	LONG METRIC 3	Longbow U14	Amethyst Chopping	166	28-Apr-18	Exmouth	Bath
		Barebow U16	Sophie Martyn	405	8-Sep-18	Tors	Yeovil
	LONG METRIC 2	Compound U16	Ben Cardy	680	8-Sep-18	Lacetown	Yeovil
	SHRT METRIC 3	Barebow U16	Sophie Martyn	441	4-Aug-18	Tors	Redruth
		Longbow U14	Amethyst Chopping	258	28-Apr-18	Exmouth	Bath
	SHRT METRIC 4	Longbow U14	Hannah Wells	438	15-Jul-18	Lacetown	Exmouth
	WA 720	Barebow	Karen Grassie	424	2-Jun-18	ECOA	Lilleshall
		Longbow	Sophie Twigg	287	2-Jun-18	Exmouth	Lilleshall
	WA 720 (50m)	Compound U16	Ben Cardy	654	18-Aug-18	Lacetown	Exmouth
		Compound U14	Jessica Price	378	26-Aug-18	Barnstaple	Barnstaple
	DBLE WA 720	Recurve	Ben Trudgill	1183	22-May-18	Exeter Uni	Exmouth
		Longbow	Seth Neill	635	13-May-18	Redruth	Redruth
		Barebow	Karen Grassie	794	13-May-18	Exeter	Redruth
	DBLE WA 720 (50m)	Compound	Wendy Broom	1303	20-May-18	Lacetown	Exmouth
		Compound U16	Ben Cardy	1255	20-May-18	Lacetown	Exmouth
		Compound U14	Jessica Price	727	26-Aug-18	Barnstaple	Barnstaple
	CADET 720	Longbow U14	Amethyst Chopping	55	15-Apr-18	Exmouth	Lytchett
	WA 40	Longbow U14	Amethyst Chopping	272	20-May-18	Exeter	Exmouth
I N D O O R S	PORTSMOUTH	Recurve U14	Hannah Wells	485	9-Dec-18	Lacetown	W-S-Mare
		Barebow U16	Sophie Martyn	450	01-Nov-18	Tors	JNIC
		Compound U12	Chloe Scott	529	25-Nov-18	Newquay	AOTW
	WA 18	Longbow	Sophie Twigg	396	2-Dec-18	Exmouth	NIC
		Barebow U16	Sophie Martyn	419	25-Nov-18	Tors	B-Bow Champs
	WORCESTER	Compound - 5spot	Andrew Scott	300	14-Oct-18	Newquay	Kyrton
		Compound U12	Chloe Scott	261	14-Oct-18	Newquay	Kyrton
	DBLE WORCESTER	Compound - 5spot	Marcus Yeoman	600	4-Nov-18	Yelverton	Newquay
		Compound U12	Chloe Scott	515	14-Oct-18	Newquay	Kyrton

That's all for now folks - don't forget - if there is anything you would like to include in the next news letter please get in touch with me at PRO@DCAS.org.uk ~ Em x