

DCAS NEWSLETTER Winter 2005

FOR ARCHERS IN DEVON & CORNWALL

Issue #20

Please copy and circulate to other club members

EDITORIAL

Welcome to the nineteenth edition of the DCAS Newsletter. Don't forget we are always after your input, so send us your news items, wants & sales, articles etc.

Copy for the Spring issue (to be distributed at the DCAS Indoor Championships at Plymouth) should be sent to one of the Editorial Team by 18th April 2005, please:

Marion Hutter, 33 Vivary Road, Taunton, Somerset TA1 3JW
Paul Callaway, 32 Trefusis Road, Redruth Cornwall TR15 2JH
Tim Pratt, Flat 1, 64 Victoria Road, Exmouth, Devon EX8 1DW

Tel 01823-284270
Tel 01209-215537
Tel 01395-273409

Recent Achievements and News

GWAS Indoor Championships, Hutton Moor, Sunday 13th February 2005.

This year, a large number of archers from all over the counties of Devon and Cornwall made their way to Weston-Super-Mare for the annual Grand Western Indoor Championships.

Being represented in all the main shooting disciplines, we proved to the other counties of the Region that DCAS is fast becoming a force to be recognised, as the following results will show:

GWAS Ladies Longbow	1 st	Maureen Gibson	Archers of the West
GWAS Gents Longbow	1 st	Dennis Gibson	Archers of the West
GWAS Junior Ladies Longbow	1 st	Sophie Woolcock	Brixham Archers
GWAS Gents Recurve	1 st	Bob Young	Archers of the West
	2 nd	Scott Kinsey	Archers of the West
GWAS Ladies Compound	1 st	Gill Bedford	Brixham Archers
	2 nd	Liz Jarvis	Exmouth Archers
GWAS Gents Barebow	1 st	Peter Burrows-Bryan	Kenwith

Hutton Moor Leisure Centre is always a difficult venue in which to shoot, as the lighting is poor at the very best. Congratulations to the above and all the other DCAS archers who made the journey.



Bob Young, Archers of the West.

DCAS Tournament Organisers

Hi everyone. You may already know that we, Colin & Ann, are retiring from the Counties Tournament Organisers job. We have been asked to advertise for our replacement.

It would be good if someone out there would like to take over the complete job, and therefore keep the continuity throughout the year. A written breakdown of the job can be supplied to help, and Colin will be happy to help make the handover as smooth as possible, and to give whatever advice is necessary.

The second alternative would be for the Clubs that volunteer to put on the Tournaments for the County, to supply a Tournament Organiser for that shoot. Maybe a Tournament Co-ordinator could be elected to the committee to liaise and assist with the individual T.O's.

There must be somebody out there who would get as much pleasure as we did running the Tournaments, even if you have never had experience of running tournaments, we would be pleased to hear from you and teach you how to. Maybe you would like to run one as a trial? Contact us on our usual number.

Colin & Ann Holmes.

Secretary's Jottings

Children's and Vulnerable Person's Act

It is mandatory for all clubs to be aware of the Children's and Vulnerable Persons Act. All clubs should appoint a Protection Officer whose details should be registered with GNAS and your County Secretary.

GWAS Directory

Please make sure that I have all the details of your Club Secretary including post code and telephone number. I will be giving a copy of my current list to the GWAS Secretary, Janet Faralewski, at the GWAS AGM on the 13th March. These details will be printed in the new directory to be distributed to all clubs in April.

Marion Hutter, Hon Secretary.

County Match against Somerset

In order to give prospective County Team members adequate, real-life match practice before we get to the next Intercounties Competition, I have organized an informal match against Somerset .

This match will take place at the Somerset County Championships at Dunster on Sunday 12th June 2005.

- DCAS Archers will enter as individuals under their own steam, NOT as a 'formed body'.
- Team sizes will be flexible, but as a 'norm' we will use the GWAS Inter-County Team format as a maximum size i.e. Recurve/Compound/Longbow for both Ladies and Gentlemen. Juniors may be included but must, of course, shoot the adult round.
- Where either or both county societies are short of archers, the 'other' county will 'downsize' their team accordingly, so that we both have equal numbers in each discipline in each sex.

It would be wonderful to see as many of the prospective County Team members as possible enter this shoot.

Chris Vitali, DCAS Team Manager

Bowmen of St Michael's Shoot Open Shoot

Date:- Sunday 28th August 2005
Place:- Barripper Village Association Field, Barripper, Camborne
Rounds:- York, Hereford, Bristols & Nationals
Contact:- Robert Weedon e-mail: shootentry@mitweb.co.uk
Entry forms will be posted to each DCAS Club Secretary

GNAS Level 1 Coach Training Course

Some of you will be aware that over the last 15 months or so, GNAS have been working on the introduction of a new Level 1 Coach Training course, as a first step on the road to meeting the Government's standard levels for coaching across all sport in this country. This is all part of the Government's initiative to have a National Coaching Certificate across all sports, and GNAS is well ahead in the game.

I am acting as Course Manager (Administrator role) for the first of these new courses in our area, being held at Penryn Sports College as the teaching base. So I thought I'd share some of the new features with you.

The key elements of the new format comprise:

- Generic training, applicable to sport generally,
- Specific training for our particular sport, and
- A strong emphasis on the practical application (supported practice) and testing of the skills gained.

The new Level 1 Coach is the introductory grade in archery coaching and replaces the former Assistant Coach grade. It is aimed at producing coaches who can capably deliver pre-planned archery sessions to a group of novice or beginner archers – as the first rung on the ladder, if you like.

The formal learning parts of the new Level 1 course build on the GNAS Assistant Coach training, which was pioneered and so successfully introduced in our Region a few years ago. But the rest of the learning is competence-based in real teaching situations with portfolios of work having to be presented. The assessment of the new course is more practically-based, aligned with GNVQ assessing styles (if you are familiar with them).

Some of the component elements are:

- **Prepare, set-up and take-down equipment**
 - Check & prepare the shooting range & equipment
 - Take down the equipment and clear the range
- **Arrange & Evaluate an Archery activity**
 - Help to plan an Archery activity
 - Evaluate an Archery session
- **Working with others**
 - Work well with participants
 - Working with Colleagues
 - Self Improvement
 - Providing additional support (Emergency Procedures)
- **Lead an Archery Activity**
 - Prepare & Equip beginners
 - Demonstrate Basic technique
 - Guide participants to shoot using Basic Technique
 - Improving Participants Performance
 - Concluding an archery session.

I hope this has given you some insight into the new scheme and that you will ask one of the Tutors/Coaches involved if you would like to know more.

Paul Callaway, Level 1 Course Manager

DCAS CALENDAR OF EVENTS 2005

	Tournament / Event	Venue	Rounds	Contact
Feb.	27 DCAS INDOOR	Kitto, Plymouth	Portsmouth	Colin & Ann Holmes - 01392 259392
Mar.	13 St Austell Indoor	Carnmoggas	Combined FITA	Marj Smith – 01726 813481
Apr.	3 Easter Longbow Clout	Redruth Club Ground	Clout	Philip Spavins – 07717 378663
	17 Redruth Pope Young	Redruth Club Ground	Pope Young	Philip Spavins – 07717 378663
	24 Redruth Longbow	Redruth Club Ground	Western	Philip Spavins – 07717 378663
May	1 D.C.A.S.GRAND DAY	Exeter Co of Archers	a.m. Longbow National p.m. National for all	Colin & Ann Holmes - 01392 259392
	8 Kyrton Open	Crediton, Devon	Western Rounds	Jeanne Carter – 01363 774847
	8 Redruth D. American	Redruth Club Ground	Double American	Philip Spavins – 07717 378663
	15 Tors Open	Notre Dame, Plymouth	York,Hereford,Bristols and Nationals	Margaret Byrnes - 01752 402152
	22 Kingsbridge Open	Kingsbridge	Westerns	Brenda Parker – 01548 855709
	29 Brixham Open	Churston, Brixham	Rose York,Hereford,Bristols and Nationals	Malcolm Grant – 01803 843097
	Jun.	4/5 D.C.A.S./EXMOUTH DOUBLE FITA		Ladies & Gents FITA
(Fri)	10 Exmouth Archers Lunartic Shoot	Exmouth	Short Nationals	Tim Pratt - 01395 273409
	12 Somerset Champs	Dunster Castle	York Hereford	Chris Hassall - 01823 413624
	19 GWAS Champs.	Dunster Castle	York Hereford Nationals	Janet Faralewski - 01202 692087
(Sat)	25 GWAS JUNIOR CHAMPS	Burnham-on-Sea	York, Hereford and Bristol Rounds	Brian Hardy for information 01566 777037
	26 Wadebridge Open	Wadebridge	York Hereford Nationals	S Davey
Jul.	3 Yelverton Open	John Kitto Sch.Plymouth	York Hereford Bristols and Nationals	John Nicholson - 01752 846325
	10 Newquay Open	Newquay	York Hereford Bristols and Nationals	Cilla Bragg – 01637 875262
	17 COUNTY CHAMPS	Exeter	York Hereford Bristols and Nationals	Colin & Ann Holmes - 01392 259392
(Sat)	23 DCAS FITA Clout	Newquay	Record Status FITA Clout – all distances	Colin & Ann Holmes - 01392 259392
Aug.	7 Exmouth Open	Exmouth Archers	Mixed Hereford, Bristols and York	Tim Pratt - 01395 273409
	14 Redruth FITA Star	Redruth	Ladies,Gents FITA and Metrics	Phillip Spavins – 07717 378663
	20/21 Exmouth Archers FITA Weekend	Exmouth	70m Head to Head and FITA Star	Tim Pratt – 01395 273409
	21 Kenwith Open	Bideford	York Hereford Bristols and Nationals	Eileen King – 01237-477247
	28 St Michaels Open	Barrripper	York Hereford Bristols and Nationals	Robert Weedon
	Sept.	11 DCAS AUTUMN GOLD	Crediton	St George, Albion
	18 GWAS Intercounties	Exeter	Invitation York and Hereford	
Oct.	16 Kyrton Open Indoor	Crediton	Worcestor Round	Sarah Marshall – 01363 884238
	23 St Austell	Carnmoggas	Double Stafford Longbow Only	Marj Smith – 01726 813481
Nov.	13 Kingsbridge Indoor	Kingsbridge	Portsmouth	Brenda Parker – 01548 855709
	20 St Austell Open Indoor	Carnmoggas	Double Portsmouth	Marj Smith – 01726 813481
	27 DCAS ANNUAL GENERAL MEETING AT YELVERTON			